



# PAY IT FORWARD

## C H A M P I O N S

### PAY IT FORWARD - OUR CHAMPIONS!

The following businesses have risen to the challenge to initiate a Green Act in their business and Pay it Forward.

**2010 September - Outlaws Bar & Grill:**

**2010 August - Studio 104:** Has begun using Vegan Hairline products which are environmentally friendly, with no animal testing and are sulphate/phosphate free. As well, they have switched their washing machines to cold water. To conserve energy they are switching over to energy efficient light bulbs and are unplugging electronics and styling tools when unused.

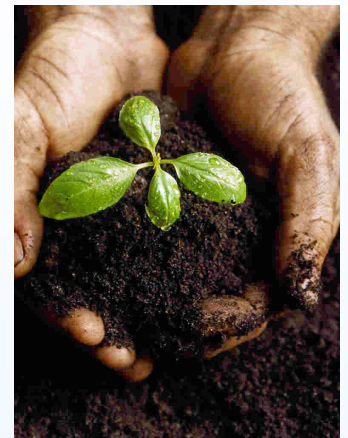
**2010 July - Centre Street Bistro:** Is making a great effort in diverting waste from the landfill. They are recycling as much as possible including glass, tin, plastic and paper. And is working on implementing an on site composting program.

**2010 June - Next Time'Round:** The nature of this operation is already quite sustainable as it recycles clothes, toys and other things that people no longer want and sells them! To further their reach of sustainability this business also sends what it cannot sell to countries in need of assistance. With this challenge, Next Time'Round has agreed to purchase recycled products for the store, shred and recycle paper, print fewer reports and save them to disk and is in the process of switching to giving out paper shopping bags instead of plastic.

**2010 May - The Source:** Recycle all bottles, cans, batteries, ink cartridges, cell phones and cardboard. Also car pooling, use both sides of paper, turn off lights and electronics when closed (except security lights), turn off computers when closed, refill printer toners instead of buy new, use vinegar and water to clean floors and windows instead of chemical products and does not turn on the T.V.'s in the store unless a customer wants to look at them.



#### Did You Know...



*Reducing idling for one minute each day for one week and save 20.4 kg of CO<sub>2</sub> from going into the atmosphere - that's the same amount of emissions produced by driving about 49 kilometers!*

*For more ideas about "GREEN" acts, check out:*  
[www.oee.nrcan.gc.ca](http://www.oee.nrcan.gc.ca) OR  
[www.onesimpleact.alberta.ca](http://www.onesimpleact.alberta.ca)

## CHAMPIONS CONTINUED...

**2010 April - Pioneer Vet Clinic:** Reduced the amount of paper used (ie: only give receipts upon request, only print statements if an owing balance, use scrap paper for notes - no more note pad ordering!). Started using Plastic & Paper Recycle bins. Switched from paper towels to cloth towels at every sink.

**2010 March - Sundre Daycare:** This group had so many points that we had almost 2 pages of bullets for this section! These are the main points taken from their submission: now a certified ECO-HEALTHY CHILDCARE PROVIDER! An internationally recognized certification showing that this organization provides an environment that benefits the health and well-being of all the children in the centre. Some of the action are avoiding use of chemicals, using recycled products, using non toxic art supplies, recycling everything possible and educating the children on environmental issues.

**2010 February - Sundre Play School:** In addition to recycling as much as possible, using re-usable cutlery, reducing their use of paper, and aiming to purchase recycled materials for daily activities & crafts, they are going to be bringing the environment into their classroom. They will be dedicating one week of their classes to learning about the environment and will even bring in guests who are actively involved in environmental programs to interact with the students.

**2010 January - Alberta Treasury Branch:** Our friends at Sundre ATB really focused on recycling for this initiative - they have now significantly reduced their waste to the landfill.

**2009 December - Happy Holidays, we will be back in the New Year!**

**2009 November - Sobeys:** Turned off all electronics in the store at closing (saving energy). Encouraged more employees to walk to work (reduce carbon emissions). Are re-using paper (reducing waste). The produce & bakery shrink (outdated product) & give them to a local farmer to feed livestock (divert waste from landfills). Now uses timers on outside lights to save energy.

**2009 October - Bargain Browzer:** Changed thermostat to an automatic timer control to conserve energy, is now using Eco-Traction (natural ice melter) on their sidewalks during snowy seasons, now washes floors with cold water instead of hot, all computers, printers, monitors are completely shut down at night (power off), switching over to 100% biodegradable customer bags.

**2009 September - The Chamber of Commerce:** Fixed a leaky tap to conserve water.

